



W1	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	A choice of cereal, toast or fruit.	A choice of cereal, toast or fruit.	A choice of cereal, toast or fruit.	A choice of cereal, toast or fruit.	A choice of cereal, toast or fruit.
Snack	Baby unit: carrot puffs & Cheese Other: Cracker & cheese	Baby unit: Banana & toast Other: Breadstick and apple	All: Melon	Baby unit: carrot puffs & cucumber Other: Cracker and hummus.	Baby unit: grated apple & cheese. Other: Rice cake & cheese.
lunch	Chicken Spiced vegetable fried rice served with Naan bread.	Slow roasted Beef bolognese, pasta with mixed vegetables.	Thyme Roasted Chicken Thigh, Roast potatoes, carrots and gravy.	Sweet and sour pork, rice with green beans.	Breaded Fishcake, chips, peas and beans
					Babies: Pastina with chicken, carrot and celery.
Vegetarian	Quorn spiced vegetable fried rice served with Naan bread.	Mediterranean Veg bolognese, Wholemeal pasta with mixed vegetables.	Quorn fillet, Roast potatoes, carrots and gravy.	sweet and sour vegetables, rice with green beans.	Quorn Hotdog chips, peas and beans
Evening Meal	Cheese Wrap Cucumber sticks	Vegetable crudites, guacamole, pitta strips, sliced cheese and fruit.	Cheese and tomato Pasta	Mini Pizza Wraps	Selection of Sandwiches
Dessert Everyday Yoghurt. Jelly or Fruit					

W2	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	A choice of cereal, toast or fruit.	A choice of cereal, toast or fruit.	A choice of cereal, toast or fruit.	A choice of cereal, toast or fruit.	A choice of cereal, toast or fruit.
Snack	All: Rice cake and cheese spread	All: mini savoury muffin	Babies: Kiwi & carrot puffs. Others: Kiwi & crackers	All: Melon slices	Babies: grated apple & cheese. Others: Rice cake & cheese.
lunch	Cheese And tomato Pizza served with tomatoes, cucumber and carrot sticks.	Chicken, sweet potato & spinach curry bowl. Served with Naan bread.	Pork Loin and Stuffing, roast potatoes, carrots & gravy	Chicken in 'secret' sauce (Courgette, Avocado, tomato & spinach). Served with rice	Breaded Fish, buttered new potatoes, peas & beans
Vegetarian	Vegetarian Sausage Roll, served with tomatoes, cucumber and carrot sticks.	Quorn, Sweet potato and spinach curry bowl. Served with Naan bread.	Quorn Fillet, roast potatoes, carrots & gravy	Quorn in 'secret' sauce (Courgette, Avocado, tomato & spinach). Served with rice	Vegan Nuggets
					Babies: Pastina with chicken, carrot and celery.
Evening meal	Cheese and onion pasty & cucumber.	Pesto Pasta	Vegetable crudites, guacamole, pitta strips, sliced cheese and fruit.	Jacket Potato and fillings. Vegetable sticks	Selection of sandwiches
Dessert Everyday Yoghurt. Jelly or Fruit					

W3	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	A choice of cereal, toast or fruit.	A choice of cereal, toast or fruit.	A choice of cereal, toast or fruit.	A choice of cereal, toast or fruit.	A choice of cereal, toast or fruit.
Snack	Babies: grated apple & wrap Others: apple & breadstick	All: mini savoury muffin	Babies: Kiwi & carrot puffs. Others: Kiwi & crackers	Babies: rice cake & cooked carrot. Others: Orange/banana & rice cake	All: Melon
Lunch	Mushroom and Spinach Pasta, served with carrots	Beef Taco and Mexican Slaw, served with broccoli	Sausages in onion gravy, roast potatoes & Carrots.	Katsu Chicken Curry, rice & green beans	Fish Fingers, chips, peas and beans.
Vegetarian	As above	Quorn Taco, Mexican Slaw, served with broccoli	Quorn Fillet in onion gravy, roast potatoes & Carrots	Katsu Tofu curry, rice & green beans	Vegan Fingers, chips, peas and beans.
					Babies: Pastina with chicken, carrot and celery.
Evening meal	Cheese and ham Jambon, cucumber sticks	Rainbow Rice	Veggie Nuggets, hummus, cheese slices, cucumber	Jacket Potato and fillings. Vegetable sticks	Selection of Sandwiches
Dessert Everyday Yoghurt. Jelly or Fruit					