



Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Jerk Chicken Thighs with Mango Salsa	Cumberland Sausages with Onion and Roast Fennel & Apples	Katsu Chicken Curry	Beef and Roast Pepper Ragu	Folded Calzone Pizza (pepperoni)
Main Meal 2	Coconut Pork Fried Rice	Penne with Ham and Minty Pea Pesto	Kimchi Jjigae Korean pork and kimchi	Smoked Bacon and Brie Pasta Bake	Fish and Chips
Vegetarian	Sweet Potato curry	Vegan and gluten free mushroom, pea and mint pasta	Katsu Quorn Curry	Vegan Ragu	Folded Calzone (Cheese & Tomato)
On the Side	Spicy Potato Wedges Summer Beans Steamed Kale	Lemon and Chive New Potatoes Carrots Sweetcorn	Sticky Rice Green Beans Broccoli	Garlic Bread Tri Colour Fusilli	Chips Beans Peas
Jacket Potato Bar Filling	Baked beans	Bolognese	Tuna Mayo	Chicken Curry	Baked Beans
Something Sweet....	Coconut and Pineapple iced Sponge Cake	Strawberry, Apple and Elderflower Crumble	Lemon and Poppy Seed Tray Bake with Stem Ginger Custard	Fruit Day	Ice Creams & Lollies
Fruit and Dessert	Yogurts & seasonal fresh fruit	Yogurts & seasonal fresh fruit	Yogurts & seasonal fresh fruit	Yogurts & seasonal fresh fruit	Yogurts & seasonal fresh fruit

