



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Kerala Chicken Curry	Pasta Day Creamy tomato Cheese Sauce Pesto Sauce	Slow cooked Chilli with salsa and guacamole	Honey and Soy chicken thighs with toasted sunflower seeds	Sausage Rolls
Main Meal 2	Vegetable Lattice Slice	Chicken Nasi Goreng	Pork Stroganoff	Pork Sausages with onion jam	Vegan Fish Fingers
Vegetarian	Kerala Quorn curry	Pasta Day Creamy tomato Cheese Sauce Pesto Sauce	Quorn Stroganoff	Quorn with Soy & Honey	Vegan Sausages Rolls
On the Side	Rice Naan Seasonal Veg	Garlic Bread Seasonal Veg	Rice Seasonal Veg Tortilla Sweetcorn	Spicy Potato Wedges Carrots Seasonal Veg	Chips Beans Peas
Jacket Potato Bar Filling	Baked Beans	Chilli	Tuna Mayo	Chicken Mayo	Baked Beans
Something Sweet....	Mango and Blue Berry Crumble	Eton Mess (seasonal Fresh Fruit)	Chocolate Toothpaste	Fruit Day	Chocolate Brownie
Fruit and Dessert	Yogurts & Seasonal fresh fruit	Yogurts & Seasonal fresh fruit	Yogurts & Seasonal fresh fruit	Yogurts & Seasonal fresh fruit	Yogurts & Seasonal fresh fruit

