



	Year Group	Autumn Term Health and Well Being	Spring Term Relationships	Summer Term RSE and Well Being
		Keeping Safe	Understanding the Law	Financial Well Being
Middle	7	<p>What range of emotions are there? What are my strengths? What are my areas to develop? What influences my health choices?</p> <p>How do we balance independence and risk? How can we be responsible road users? What is an addiction? What is vaping all about? How do I report a concern?</p>	<p>Is this banter or bullying? What is child on child abuse? How do I deal with conflict? How can we deal with relationships breaking down? Why is trust important?</p> <p>What is the age of criminal responsibility? What are protected characteristics? What is hate crime? What is racism? What is homophobia? How can it feel to witness a crime?</p>	<p>Puberty and emotional changes Menstrual well being Healthy and unhealthy relationships Managing conflict Introduction to consent</p> <p>Introduction to careers and entrepreneurial skills.</p>
	8	<p>First aid – basic first aid training to include basic life support (CPR), bleeding, asthma, allergies, choking and head injuries.</p> <p>What do we need to do in the event of a lockdown? How can I take legal drugs safely? What is neglect? What are deep fakes? Lesson What are my algorithms?</p>	<p>Are we responsible with social media? How do I deal with unplanned encounters? How can I deal with my friends using drugs and alcohol? What are red flag in relationships (friendship & romantic)?</p> <p>What does the law say about the possession of drugs? What is stop and search? What are E-Rides? What is phishing and hacking? What's an online scam? What's a money mule?</p>	<p>Relationship values, influences on relationship expectations, sexual orientation and gender, consent, introduction to contraception.</p> <p>Evaluating value for money in services Risks and consequences making financial decisions</p>
	9	<p>What is expected of me?</p>	<p>What is consent in a relationship?</p>	<p>Respectful relationships, consent, sexual health,</p>



		<p>What are my coping strategies? How do I deal with setbacks? What is mental health stigma?</p> <p>What is child criminal exploitation? What makes a gang a gang? What are the links between gaming and grooming? What are microtransactions (gaming)? What is catfishing?</p>	<p>What is sexism? What is child sexual exploitation? What's the issue with nudes? How does the media portray sex and relationships?</p> <p>What do we mean by intimidation? What is anti-social behaviour? What is the impact of mugging? What are county lines? Can I legally get contraception?</p>	<p>contraception, managing the end of relationships, sexting.</p> <p>Planning and carrying out an enterprise project</p>
Seniors	10	<p>Revisiting First aid – basic first aid training to include basic life support (CPR), bleeding, asthma, allergies, choking and head injuries.</p> <p>How can we approach new situations? How can we be street savvy? Why is fighting not the answer? What are the risks of carrying a knife? What first aid is useful to know? How can I get help when there are legal consequences?</p>	<p>What are my relationship values? What is emotional abuse? What is incel culture? What is toxic culture? What is image based sexual abuse?</p> <p>What is extremism? What is radicalisation? Is it OK to protest? What are public order offences?</p> <p>How can we balance freedom with the law?</p>	<p>Intimacy and pleasure Pornography Pressure, persuasion and coercion Managing relationships conflict and break ups Addressing relationship abuse</p> <p>Financial and career education.</p>
	11	<p>What are life changes? How can I cope with exams? What does it mean to catastrophise? How do I feel about leaving school? What makes me employable?</p>	<p>What are sexual offences? What is victim blaming? What is the difference between an arranged and a forced marriage? What is the impact of porn on relationships? Substance abuse and relationships, so what? What is my relationship with AI?</p>	<p>Family conflict Longterm commitments Sexual health Pregnancy outcomes Pregnancy choices</p>



		<p>What can go wrong when using substances?</p> <p>What is the issue with lending money?</p> <p>How can I avoid financial exploitation?</p> <p>What is gambler's fallacy?</p>	<p>What are mitigating factors?</p> <p>What is culpability and harm?</p> <p>What does the law say about contraception?</p> <p>What does the law say about</p> <p>What does the law say about getting a job?</p>	
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