



| | Year Group | Autumn Term Health and Well Being | Spring Term Relationships | Summer Term RSE and Well Being |
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| | | Keeping Safe | Understanding the Law | Financial Well Being |
| Middle | 7 | What range of emotions are there? What are my strengths? What are my areas to develop? What influences my health choices? How do we balance independence and risk? How can we be responsible road users? What is an addiction? What is vaping all about? How do I report a concern? | Is this banter or bullying? What is child on child abuse? How do I deal with conflict? How can we deal with relationships breaking down? Why is trust important? What is the age of criminal responsibility? What are protected characteristics? What is hate crime? What is racism? What is homophobia? How can it feel to witness a crime? | Puberty and emotional changes Menstrual well being Healthy and unhealthy relationships Managing conflict Introduction to consent Introduction to careers and entrepreneurial skills. |
| | | First aid – basic first aid training to include basic life support (CPR), bleeding, asthma, allergies, choking and head injuries. What do we need to do in the event of a lockdown? How can I take legal drugs safely? What is neglect? What are deep fakes? Lesson What are my algorithms? | Are we responsible with social media? How do I deal with unplanned encounters? How can I deal with my friends using drugs and alcohol? What are red flag in relationships (friendship & romantic)? What does the law say about the possession of drugs? What is stop and search? What are E-Rides? What is phishing and hacking? What's an online scam? What's a money mule? | Relationship values, influences on relationship expectations, sexual orientation and gender, consent, introduction to contraception. Evaluating value for money in services Risks and consequences making financial decisions |
| | 9 | What is expected of me? | What is consent in a relationship? | Respectful relationships, consent, sexual health, |



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| | | <p>What are my coping strategies? How do I deal with setbacks? What is mental health stigma?</p> <p>What is child criminal exploitation? What makes a gang a gang? What are the links between gaming and grooming? What are microtransactions (gaming)? What is catfishing?</p> | <p>What is sexism? What is child sexual exploitation? What's the issue with nudes? How does the media portray sex and relationships?</p> <p>What do we mean by intimidation? What is anti-social behaviour? What is the impact of mugging? What are county lines? Can I legally get contraception?</p> | <p>contraception, managing the end of relationships, sexting.</p> <p>Planning and carrying out an enterprise project</p> |
| Seniors | 10 | <p>Revisiting First aid – basic first aid training to include basic life support (CPR), bleeding, asthma, allergies, choking and head injuries.</p> <p>How can we approach new situations? How can we be street savvy? Why is fighting not the answer? What are the risks of carrying a knife? What first aid is useful to know? How can I get help when there are legal consequences?</p> | <p>What are my relationship values? What is emotional abuse? What is incel culture? What is toxic culture? What is image based sexual abuse?</p> <p>What is extremism? What is radicalisation? Is it OK to protest? What are public order offences?</p> <p>How can we balance freedom with the law?</p> | <p>Intimacy and pleasure Pornography Pressure, persuasion and coercion Managing relationships conflict and break ups Addressing relationship abuse</p> <p>Financial and career education.</p> |
| | | <p>What are life changes? How can I cope with exams? What does it mean to catastrophise? How do I feel about leaving school? What makes me employable?</p> | <p>What are sexual offences? What is victim blaming? What is the difference between an arranged and a forced marriage? What is the impact of porn on relationships? Substance abuse and relationships, so what? What is my relationship with AI?</p> | <p>Family conflict Longterm commitments Sexual health Pregnancy outcomes Pregnancy choices</p> |



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| | <p>What can go wrong when using substances? What is the issue with lending money? How can I avoid financial exploitation? What is gambler's fallacy?</p> | <p>What are mitigating factors? What is culpability and harm? What does the law say about contraception? What does the law say about What does the law say about getting a job?</p> | |
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