



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Chicken Jalfrezi with mini nanna bread, mango chutney and poppadom's	Handmade sausage wellington with onion gravy	Herb roasted chicken with stuffing and gravy	Traditional beef Lasagne with garlic bread	Pitta Pizza Bar Pepperoni or Chicken & sweetcorn
Main Meal 2	Prawn & vegetable Chow Mein with prawn crackers	Creamy potato topped fish pie	Homestyle meat loaf with bbq glaze	3 Cheese quiche	Oven baked battered fish with tartar sauce
Vegetarian	Red lentil dahl curry	Feta, olive and tomato rice stuffed peppers	Cheese & spinach swirls	Vegetable fajita wraps	Cheese Pizza
On the Side	Steamed rice Garden peas Sweetcorn mix	Steamed buttery potatoes Mixed vegetables and sauteed leeks	Roast potatoes Steamed green beans and sliced carrots	Steamed new potatoes Sauteed courgettes and steamed cauliflower	Skinny fries Garden Peas Baked beans
Jacket Potato Bar Filling	Baked Beans	Tomato and garlic chicken	Baked beans	BBQ sausage and beans	Baked beans
Something Sweet....	Steamed syrup sponge with custard sauce	Marshmallow Krispy cake	Creamy rice pudding with jam or chocolate drops	<u>Fruit Thursday's</u> A selection of whole and cut fruit	Chocolate chip cookies
Fruit and Dessert	Selection of dessert pots and fresh fruit	Selection of dessert pots and fresh fruit	Selection of dessert pots and fresh fruit	Jelly and yoghurt pots	Selection of desert pots and fresh fruit



Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Sweet & Sour Pork with peppers, prawn crackers and yellow rice	Traditional mince beef & vegetable Pie	Breaded chicken breast with tangy tomato sauce	Sausage & bean cassarole	Classic burger in a bun with sliced cheese pickles & ketchup
Main Meal 2	Quorn & vegetable noodle stir fry with rice & prawn crackers	Creamy chicken & mushroom pasta bake	Cheese & ham filled croissant	Quorn mince moussaka	Oven baked battered fish with tartar sauce
Vegetarian	Sweetcorn fritters with chunky tomato salsa & rice	Quorn bean & Lentil Pie	Fried egg topped bubble & squeak	Vegetable and egg fried rice	Breaded Vegetable burger in a bun
On the Side	Steamed cauliflower and courgettes	Mix Vegetables & sautéed leeks	Buttery herb steamed potatoes Steamed green beans Roasted swede	Cheesy mash Roasted carrots Sweetcorn kernels	Skinny fries Garden peas Baked beans
Jacket Potato Bar Filling	Baked beans	Tomato and garlic chicken	Baked beans	BBQ sausage and beans	Baked beans
Something Sweet....	Jam and coconut sponge with custard sauce	Classic Flapjacks	Apple crumble pie with custard sauce	<u>Fruit Thursday's</u> Selection of whole and cut fresh fruit	Ice cream bar – sprinkles & sauces
Fruit and Dessert	Selection of dessert pots and fresh fruit	Selection of dessert pots and fresh fruit	Selection of dessert pots and fresh fruit	Jelly and yoghurt pots	Selection of desert pots and fresh fruit



Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Mexican beef chilli topped with crunch nachos	Grilled chicken sausages with sweet onion chutney	Grilled pork steaks with sliced apples and apple sauce	Pasta Bar Tomato & basil sauce	Hot Filled Bagels
Main Meal 2	Tandoor baked fish	Chorizo Spanish omelette	Mediterranean Chicken	Chicken arrabiata sauce	Oven baked battered fish with tartar sauce
Vegetarian	Grilled vegan sausages	Chickpea & butternut squash biriyani	Cheese & vegetable puffs	Pasta bar Creamy cheese sauce	Fetta olive & tomato pocket
On the Side	Red rice Mini corn on the cob Steamed green beans	Steamed new potatoes Gaarden peas Sautéed red & white cabbage	Roast potatoes Steamed carrots and roasted parsnips	Garlic Bread Ratatouille	Skinny fries Garden peas Baked beans
Jacket Potato Bar Filling	Baked beans	Tomato and garlic chicken	Baked beans	BBQ sausage and beans	Baked beans
Something Sweet....	Vanilla & strawberry marble cake with strawberry custard	Shortbread biscuits	Fruit tarte & custard sauce	Selection of whole and cut fresh fruit	Chocolate toothpaste tarte
Fruit and Dessert	Selection of dessert pots and fresh fruit	Selection of dessert pots and fresh fruit	Selection of dessert pots and fresh fruit	Jelly and yoghurt pots	Selection of desert pots and fresh fruit