



	Year Group	Autumn Term	Spring Term	Summer Term	
Middles	7	PE: <ul style="list-style-type: none"> • Basketball • Fitness Games: <ul style="list-style-type: none"> • Rugby 	PE: <ul style="list-style-type: none"> • Bad / Table Tennis • Indoor athletics Games: <ul style="list-style-type: none"> • Football 	PE: <ul style="list-style-type: none"> • Cricket skills / fielding skills Games: <ul style="list-style-type: none"> • Cricket/Athletics 	
	8	PE: <ul style="list-style-type: none"> • Basketball • Fitness Games: <ul style="list-style-type: none"> • Rugby 	PE: <ul style="list-style-type: none"> • Bad / Table Tennis • Indoor athletics Games: <ul style="list-style-type: none"> • Football 	PE: <ul style="list-style-type: none"> • Cricket skills / fielding skills Games: <ul style="list-style-type: none"> • Cricket/Athletics 	
Seniors	9	PE: <ul style="list-style-type: none"> • Basketball • Fitness Games: <ul style="list-style-type: none"> • Rugby 	PE: <ul style="list-style-type: none"> • Bad / Table Tennis • Fitness Games: <ul style="list-style-type: none"> • Football 	PE: <ul style="list-style-type: none"> • Cricket skills Games: <ul style="list-style-type: none"> • Cricket/Athletics 	
	GCSE Edexcel, Pearson Edexcel Level 1/Level 2 GCSE (9-1) in Physical Education, (1PE0) Specification available at: https://qualifications.pearson.com/en/qualifications/edexcel-gcses/physical-education-2016.html				
	10	Component 1: Fitness and Body Systems (1PE0/01) <ul style="list-style-type: none"> • Musculoskeletal System • Games: <ul style="list-style-type: none"> • Rugby 	Component 1: Fitness and Body Systems (1PE0/01) <ul style="list-style-type: none"> • Cardio-respiratory system onwards) • Physical Training Games: <ul style="list-style-type: none"> • Football 	<ul style="list-style-type: none"> • Physical Training (continued) Component 4: Personal Exercise Programme (PEP) (1PE0/04) Games: <ul style="list-style-type: none"> • Cricket/Athletics • 	
11	Component 1: Fitness and Body Systems (1PE0/01) <ul style="list-style-type: none"> • Movement Analysis Component 2: Health and Performance (1PE0/02) <ul style="list-style-type: none"> • Health, Fitness and Well-being • Games: <ul style="list-style-type: none"> • Rugby 	<ul style="list-style-type: none"> • Sports Psychology • Socio-Cultural Influences Component 4: Personal Exercise Programme (PEP) (1PE0/04) Games: <ul style="list-style-type: none"> • Football 	Revision Games: <ul style="list-style-type: none"> • Cricket/Athletics 		