Week	Monday	Tuesday	Wednesday	`Thursday	Friday
1	Sweet & Sour Chicken	Fisherman's Pie	Cottage Pie	Chilli con carne	Fish Portion
	Tomato and Basil Pasta	Sausage Roll	Lentil Cottage Pie	Roast vegetable quiche	Vegetable Kiev
	Rice, Garlic bread,	Vegan Roll	Bread roll, cabbage	Rice, bread rolls, green	Wedges
	Broccoli and Peas	Wedges	and carrots	beans and sweetcorn	Peas and Carrots
		Wholemeal Bread			
	Lemon Meringue	Green Beans and	Chocolate Chip muffin	Vanilla Shortbread	Ice cream roll
		sweetcorn			
		Cherry Sponge and			
		vanilla sauce			
2					Chicken burger in a
	Bolognaise	Chicken Tikka	Roast Gammon		bun or vegan burger
	Quorn bolognaise	Vegetable Moussaka	Quorn fillets	Barbequed Pork	wedges
	Pasta	Rice Bread rolls	Roast potatoes	Salmon or vegetable	Peas and mixed salad
	Garlic bread	Green beans	Cabbage and parsnips	Fingers	
	Broccoli	Carrots		Creamed potato	Cheesecake
	Mixed vegetables		Peaches and Ice Cream	Bread Rolls	
		Chocolate tart	pots	Broccoli and Sweetcorn	
	Fruit Crumble & custard Sauce			Cornflake Tart	
3					
	Sausage toad	Chicken Fajitas	Pork meatballs or	Chicken Balti	Cheese & tomato Pizza
	Quorn sausages	Macaroni Cheese	quorn meatballs in	Broccoli Pasta Bake	Cornish Pasty Wedges
	Mashed potatoes	Rice	tomato sauce	Rice	Mixed salad
	Peas and carrots	Wholemeal Rolls	Pasta	Bread rolls	Sweetcorn
		Roasted vegetables	Garlic Bread	Peas	
	Flapjack		Green Beans	Sweetcorn	Fruit pots
		Brownies	Sweetcorn		or carrot cake muffins
				Chocolate Cookies	
			Jam doughnut		